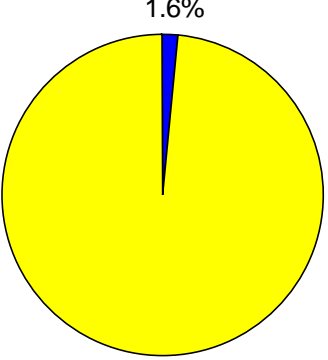


Fairfax-Falls Church Community Services Board

106-11-Alcohol and Drug Adult Day Treatment Services

Fund/Agency: 106	Fairfax-Falls Church Community Services Board	
Personnel Services	\$1,480,282	<p style="text-align: center;">CAPS Percentage of Agency Total</p>  <p style="text-align: center;">1.6%</p> <p style="text-align: center;">98.4%</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> ■ Alcohol and Drug Adult Day Treatment Services ■ All Other Agency CAPS </div>
Operating Expenses	\$288,147	
Recovered Costs	\$0	
Capital Equipment	\$0	
Total CAPS Cost:	\$1,768,429	
Federal Revenue	\$429,230	
State Revenue	\$565,608	
User Fee Revenue	\$73,000	
Other Revenue	\$0	
Total Revenue:	\$1,067,838	
Net CAPS Cost:	\$700,591	
Positions/SYE involved in the delivery of this CAPS	24/23.88	

► CAPS Summary

Alcohol and Drug Adult Day Treatment Services provides an intensive level of treatment services for addicted adults and their families. The goal of the service is to provide a comprehensive continuum of Day Treatment Services, based on client level of need, to interrupt the cycle of addiction. Individuals accessing services are at high-risk of relapse and/or return to criminal behavior. Most of the individuals served in Day Treatment Services are court referred and/or in crisis, i.e., often homeless, unemployed, and at risk to themselves, their family members, and/or the public.

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Adult Day Treatment program characteristics include:

- Day Treatment Services promotes abstinence from drugs and alcohol through education, individual, group, and family counseling, and breath/urine screening. Programs are designed to achieve permanent changes in the related problem areas of work or school, family relations, domestic violence, child abuse and neglect, criminal behavior or activity, and other legal difficulties.
- Day Treatment provides a structured environment for clients in need of intensive treatment who are able to stabilize without the structure of residential care. Day Treatment provides essential education and treatment components while allowing clients to apply their newly acquired skills within "real world" environments. Clinical services include case management, group, individual, and family counseling, and urine/breath screening. Clients are required to attend self-help support groups in the community to develop an abstinence-based lifestyle. Linkage to appropriate resources, adjunctive treatment, and case collaboration is also provided.
 - Day Treatment is an intensive three to five hour a day, five days a week program.
 - Clients generally attend services for nine to twelve months.
 - Admission requires the absence of major withdrawal symptoms from substances and the ability to respond safely to and benefit from ambulatory detoxification. For dually diagnosed clients, linkage to psychiatric service is required.
 - Clients require intensive treatment due to significant life disruptions and/or lack of social supports.
 - Clients have exhibited behaviors that indicate the inability to be successful in a less intensive outpatient setting.
 - Clients served in this modality are at higher risk for being placed in residential services, have a serious addiction problem that they have been unable to control on an outpatient basis, may have multiple diagnoses, and/or are in need of intensified support on a daily basis.
 - Programming focuses on strengthening socialization skills, cognitive behavioral development, and management of co-occurring substance addiction and mental illnesses. Intensive group treatment and education, including medication management, relapse prevention, life skills development, and vocational training, including GED completion, is part of the service package.
- Due to their multiple needs, which are often barriers to treatment, clients receive ancillary services, such as childcare, transportation assistance, and intensive case management to assist in service access and follow through.

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- Services are provided at four Day Treatment sites throughout the community. Two programs specialize in women's services, while one is tailored specifically for men. The fourth is designed for individuals who are dually diagnosed with substance abuse and mental illness.
 - Day Treatment Services includes two programs funded through a High Intensity Drug Trafficking Area Grant (HIDTA) of the Office of National Drug Control Policy (ONDCP). These programs provide Day Treatment Services to offenders at the South County and Fairfax Day Treatment Center sites.

Quality Assurance and Staff Development

For information on CSB's comprehensive Quality Improvement (QI) Plan, Risk Management Plan, and CSB-wide training and staff development initiatives, please refer to the Overview section.

Specific to this CAPS, CSB Alcohol and Drug Services (ADS) programs conduct client satisfaction surveys and collect measurements on face valid indicators supported by the Center for Substance Abuse Treatment and the Center for Substance Abuse Prevention. These face valid indicators include measures for improvements in reduced alcohol/drug use, reduced criminal/antisocial activity, and increased productivity in school or work.

Community Outreach

Outreach efforts are conducted based on the specific goals of each service area. Outreach is conducted through Prevention, Crisis Intervention and Assessment, and Youth, Adult and Residential Services to reach at-risk and high-risk individuals throughout the community. The populations who are at-risk and high-risk include, but are not limited to, the indigent, language minorities, immigrant refugees from war-torn nations, those with HIV/AIDS, pregnant women and women with dependent children under the age of 18 that are engaged in substance abuse/addiction. Outreach strategies tailored to a specific program's mission and target population are employed.

Annually, ADS participates in the production of Public Service Announcements (PSAs). The PSAs have focused on Prevention, Youth Services, specialized programming, information related to the Communities that Care Youth Survey, and general information related to access of services, including signs and symptoms of abuse and addiction.

Accomplishments

In FY 2001, Adult Day Treatment Services provided intensified services to 326 individuals. Day Treatment Services have been developed for Spanish-speaking persons to address the demand within the continuum of care. Additionally, a relapse prevention component was added to address the chronic nature of the disease with this population.

Funding Sources

Funding sources include Fairfax County; DMHMRSAS; the Substance Abuse Prevention and Treatment (SAPT) Federal Block Grant; the University of Maryland for Federal High Intensity Drug-Trafficking Area (HIDTA) services; Arlington County (for women's day treatment services); and fees from clients and insurance companies.

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► Trends/Issues

Due to the level of severity, clients often require medical care and medication stabilization prior to program entry. Access to these ancillary services can be difficult because clients are often indigent, are of low-income status, or unemployed. These individuals have little to no ability to access private providers in the community because of a lack of insurance and health benefits. Current health insurance plans tend to have little coverage for substance abuse behavioral health care needs.

In regards to the women that are served, a lack of transportation and childcare services has been found to be the greatest barrier to accessing treatment services. Adult Day Treatment Services has access to a program van and County transportation services, but the travel distance still present issues of access.

Adult Day Treatment Services has developed a track for Spanish-speaking clients, but it does not meet the demand for care. Services for Spanish-speaking persons are in high demand due to the diversification in the County's population. Many of these individuals do not have insurance benefits and are of low-income status or unemployed and cannot access services in the private sector.

Participant Characteristics

Individuals accessing services through Day Treatment programs are adults 18 years of age and older. Individuals are most often referred to services by the following agencies: Virginia Department of Probation and Parole, Circuit Court, General District Court, the Alcohol Safety Action Program, Juvenile and Domestic Relations Court, the Health Department, and the Department of Family Services (including Child Protective Services, Foster Care, and Adult Protective Services). A small number of clients are self-referred.

Individuals requiring services are often indigent, of low-income status, or unemployed. These individuals have little to no ability to access private providers in the community because of a lack of insurance and health benefits. Current health insurance plans tend to have little coverage for substance abuse behavioral health care needs.

Due to the special needs of the populations requiring Adult Day Treatment Services, it is necessary to provide specialized programming. Two sites, the Hope Center and Recovery Women's Centers, provide joint programming for mothers and children. Dually Diagnosed clients with co-occurring mental health and substance abuse disorders are served at the South County Site, and a specialized program for men and Spanish-speaking individuals is operated at the Fairfax site. Intensified services for men with criminal justice backgrounds and drug-related charges related to substance abuse or addiction are provided at two sites with funding from HIDTA.

ADS Adult Day Treatment Services provides care to the mandated priority population determined by DMHMRSAS. The priority population includes: individuals who are diagnosed with substance dependency; individuals who are diagnosed with substance abuse within a targeted population (women who are pregnant or who have custody of or live with dependent children under the age of 18, and individuals who fall within the adult mental health priority population who have severe diagnoses); and individuals who exhibit violent behavior related to substance abuse/addiction.

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► Method of Service Provision

ADS Adult Day Treatment Services is directly operated.

Hours of Operation: Hours of operation for the Day Treatment Sites are Monday through Thursday from 8:00 a.m. to 9:30 p.m., and Friday from 8:00 a.m. to 5:30 p.m.

► Performance/Workload Related Data

Title	FY 1998 Actual	FY 1999 Actual	FY 2000 Actual	FY 2001 Actual	FY 2002 Estimate
Persons Served	314	338	322	326	350
Hours of Service	30,040	33,284	32,478	31,052	32,000

Of those served, 94 percent were satisfied with services and 86 percent were found to have reduced criminal justice involvement up to six months after discharge.

► Mandate Information

This CAPS is Federally or State mandated. The percentage of this CAPS' resources utilized to satisfy the mandate is 1 - 25%. The specific Federal or State code and a brief description of the code follows:

- Code of Virginia Section 37.1-194 mandates provision of case management services as a core service within the Community Services Board (CSB).

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► User Fee Information

Subobject Code	Fee Title	FY 2002 ABP Fee Total
N/A	FY 2002 CSB Schedule of Fees. The current fee schedule is available in the Agency Overview.	\$73,000
Current Fee		Maximum Allowable Fee Amount
Once the treatment plan is determined, the fees for services will be set according to FY 2002 CSB Fee Schedule.		N/A
Purpose of Fee: Fees are charged to offset the cost of providing treatment services.		
Levy Authority	Requirements to Change the Fee	Year Fee Was Last Adjusted
CSB Policy on Reimbursement <u>Code of Virginia</u> Chapter 10, 37.1-197(7)	The CSB Schedule of Fees is reviewed and established annually by the CSB Board and submitted to the Board of Supervisors. The client or other legally responsible party is responsible for paying the full fee for services. A client or other legally responsible party who is unable to pay the full fee may request a subsidy, supplemental subsidy and an extended payment plan.	2001
Other Remarks:		